



Commuter Toolkit

Revised: August 2023

Stanford | Transportation

Why Commute Sustainably?

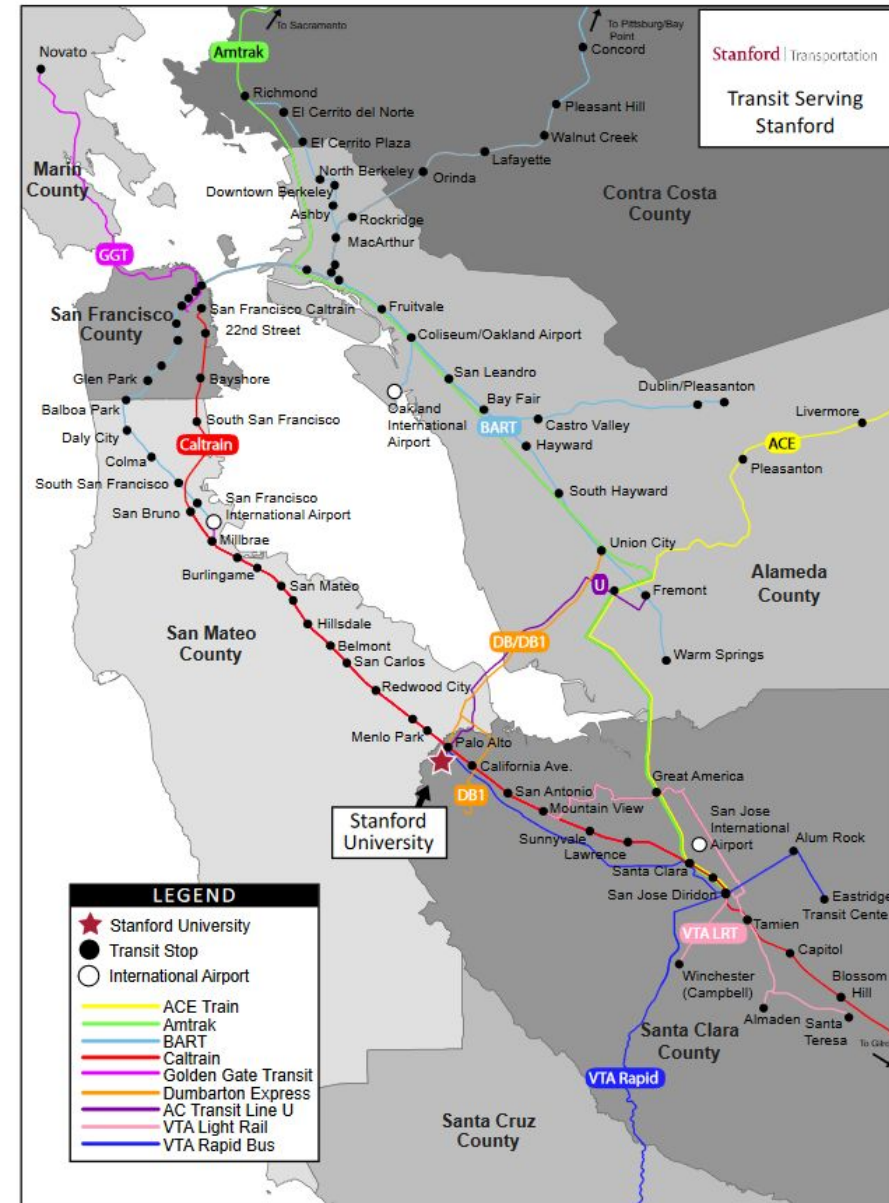
- Save money on car expenses, gas, parking, and tolls to make your commute more affordable.
- Reduce your impact on the environment with an eco-friendly commute.
- Benefit from a healthier, less stressful commute while enjoying exercise and fresh air.
- Support Stanford's sustainability mission.



Photo: Steve Castillo

Transit Serving Stanford

- ACE Train
- AC Transit
- Amtrak
- BART
- Caltrain
- Muni
- SamTrans
- Transbay Buses
 - › Dumbarton Express
 - › Line U
 - › Marguerite AE-F
- VTA
 - › Buses, Light Rail, Rapid Bus



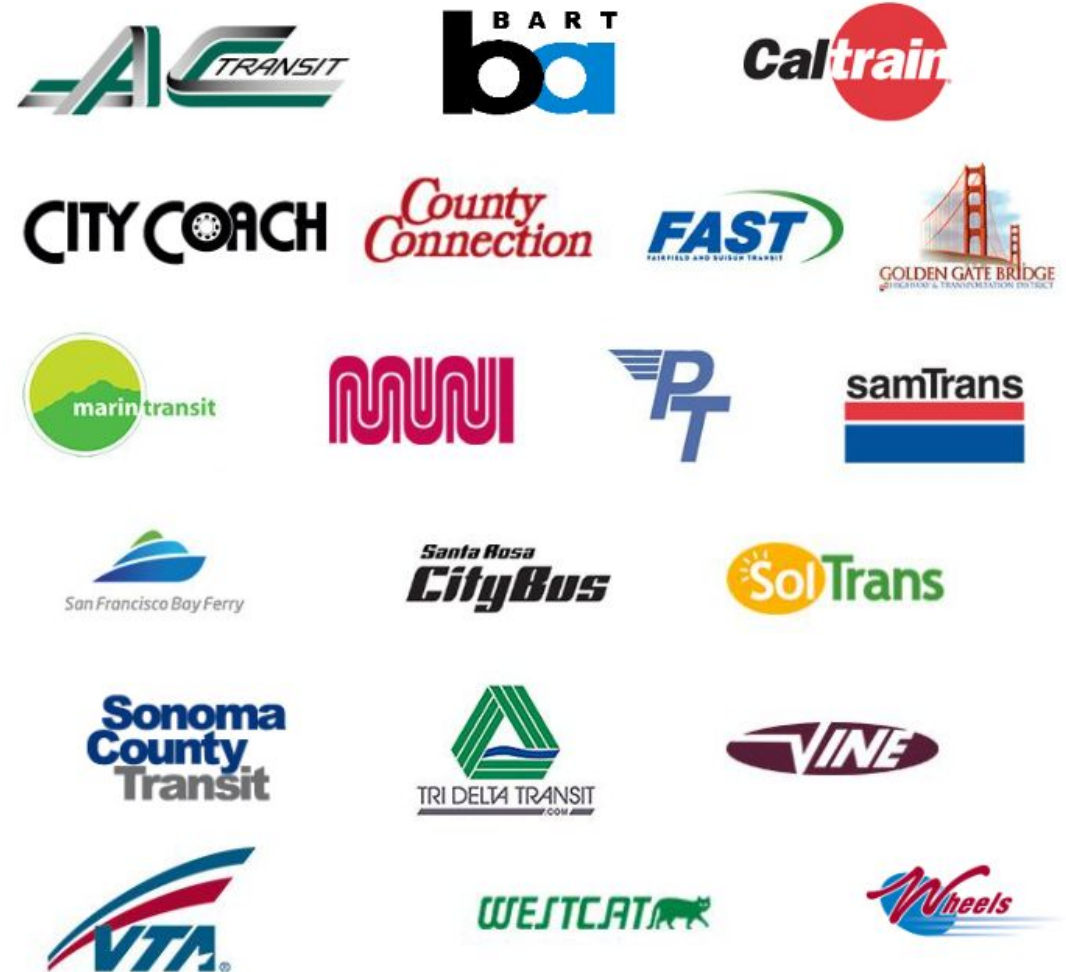
Free Transit Passes

- Free transit passes for eligible commuters:
 - › [Caltrain Go Pass](#)
 - › [VTA SmartPass](#)
 - › [AC Transit EasyPass](#)
 - › Monthly SamTrans passes can be [requested](#) by SRWC commuters
- Use our [*Transit Pass Eligibility and Status Checker*](#) to check your pass status.
- New employees and other eligible commuters can request transit passes through our [*online form*](#).
- There are no restrictions on your use of the GoPass. Use it to travel to a Giants game, the airport, and more.



Clipper Card

- The Clipper Card works on all major Bay Area transit systems (*is not preloaded with other transit systems besides Go Pass, SmartPass, and EasyPass*)
- Eligible users can request a card here.
- To use card, you can load:
 - › Clipper Cash funds
 - › Monthly passes (participating agencies)



Vanpools

Current Stanford Vanpools

- Existing vanpools currently run service to campus from North Bay/San Francisco, South Bay, East Bay, and Central Valley.
- Find a vanpool closest to you [here](#).



Benefits for Drivers and Riders

- Receive a full Commute with Enterprise vehicle subsidy (if eligible), which includes free insurance and maintenance on the vehicle.
- Enjoy reduced or free bridge tolls and speed up your commute with express-lane access with FasTrak.
- Reduce wear and tear on personal vehicles.
- Reduce personal auto insurance premiums based on reduced miles driven each year.

Free Ridematching Services

- [Stanford's free Carpool/Vanpool Listings](#) (Stanford affiliates only)
- [Public ridematching services](#)

A screenshot of a ride-sharing app interface for South Bay. The interface is divided into sections: "South Bay", "Carpools", "Vanpools", and "Starting a 'pool!'". Under "Carpools", it says "No listings yet.". Under "Vanpools", there are two listings: "Morgan Hill Morgan Hill Carpool" with "Seat(s) available: 2" and "Morgan Hill Morgan Hill Vanpool" with "Seat(s) available: 2". Under "Starting a 'pool!'", there are two listings: "Cupertino South Bay Carpool" with "Seat(s) available: 3" and "Santa Cruz Santa Cruz carpool" with "Seat(s) available: 3". A red arrow points from the "Free Ridematching Services" section to the "Carpools" section.



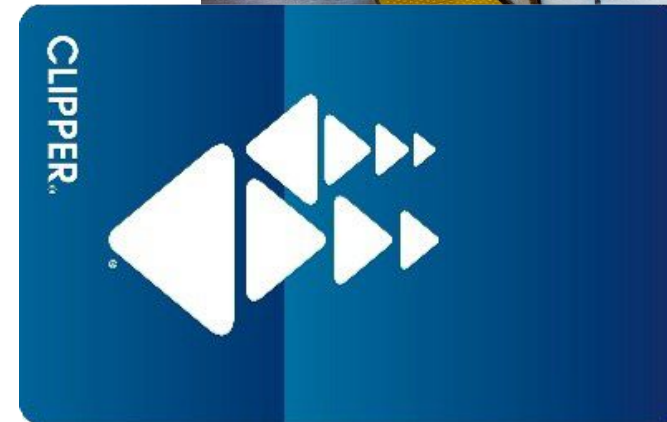
Bicycle Program

- Read [Pedaling Forward: Bikes at Stanford 2022](#) report.
- Watch Stanford Transportation [past bike webinars](#).
- Visit [Stanford's 12 bike repair stands](#) on campus, and the [Campus Bike Shop](#).
- [Bike cages for daily use](#) are available at the Stanford and Redwood City Campuses.
- Join us for Free Bike Repair Classes. [Find Classes Here](#).



Pre-Tax Payroll Deduction

- Save up to 40% on transportation expenses through tax savings.
- Use Edenred to purchase transit passes, Clipper cash, transit station parking, and commuter checks using pre-tax dollars:
 - › **Up to \$300** per month in transit. Includes BART, Muni, ACE, SamTrans, and Clipper Cash.
 - › **Up to \$300** per month in parking. Includes Caltrain and BART parking.
- Campus parking permits can be purchased through the Online Ordering Portal with pretax dollars.



Parking at Stanford

‘A’

PARKING PERMIT

Higher Cost, More Convenient

- Can park in any ‘A’ or ‘C’ spot
- More likely to find parking throughout the day
- Closer to buildings

***\$19/day**

***\$133/month**



‘C’

PARKING PERMIT

Lower Cost, More Distant

- Can only park in ‘C’ spots
- Not likely to find close parking throughout the day
- Farther from buildings
- Only option at the Stanford Redwood City campus (select ‘C’-SRWC)

***\$6/day**

***\$38/month**

Here is the [link to our Permit Picker](#). We also show the [cost of permits by days commuting](#).

*Pricing reflects university affiliate status only. For Stanford Medical employees, please refer to [Stanford Medicine Transportation](#).

How Much Will You Save by Commuting Sustainably?



Stanford's land is incredibly valuable and best used for teaching, research, and patient care. Building parking is costly. According to a [California parking database](#), building garages and underground parking costs \$50,000 to \$80,000 per parking space, and 31% of those spaces, on average, go unused.

The cost of driving alone is generally higher than the cost of a permit. Vehicle expenses include gas, insurance, maintenance, and bridge tolls. Calculate your costs:

[Commute Cost & Carbon Emissions Calculator](#)

Example: East Bay commute

- **30 miles** roundtrip
- **\$357 per month** in gas and toll expenses
- **\$38 per month** for a Stanford 'C' parking permit
- **\$520 per month** in *hidden commute costs

Potential savings of adopting a car-free commute: \$915

Example: South Bay commute

- **60 miles** roundtrip
- **\$420 per month** in gas and toll expenses
- **\$38 per month** for a Stanford 'C' parking permit
- **\$711** in *hidden commute costs

Potential savings of adopting a car-free commute: \$1,169

*Hidden commute costs = routine maintenance and repair, insurance licensing, registration, taxes, and depreciation. Source: AAA's "Your Driving Costs August 2021"

What's Your Sustainable Commute?

Stanford employees share their experience.



"My wife and I transport our young children via cargo bike. We get exercise, fresh air, family time, and save so much money."

Arnout Boelens,
Physical Science Research Scientist

"I walk, take Caltrain, and the Marguerite shuttle. Not owning a car is great for the environment, and I feel free without the financial burden."

Jennifer R. Cohen, Ph.D.
Director of Equity & Inclusion



"I like Stanford's transportation options programs because I can be multimodal. Along with riding Caltrain and the Marguerite, some days, I also choose to bike, inline skate, or skateboard."

Donnovan Somera Yisrael,
Senior Health Educator



"Our Half Moon Bay vanpool lease is fully subsidized by Stanford; we only share the cost of gas. I'm always bragging about my fantastic vanpool."

Stephanie Ashe,
Director of Communications



"Since I live in Lathrop (San Joaquin Valley), driving alone isn't sustainable for me. If it weren't for the subsidized vanpool program, I'd have to leave Stanford."

Art Chacon,
University Maintenance



"I walk, ride Caltrain, and the Marguerite shuttle from San Francisco to SRWC. I love not worrying about traffic and parking."

Brian Shaw,
Director of Stanford Transportation



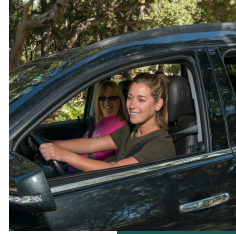
Which Commute Will You Choose?



BIKE

- **Safety first!** Follow these [bike safety tips](#) for a safer commute.
- Brush up on bike safety skills by watching [bike webinars online](#).
- Request [bike commute planning assistance](#).

**Exercise +
Commute
savings**



CARPOOL/VANPOOL

- 100% lease subsidy for [vanpools](#).
- Carpoolers can share the commute expenses.
- See available [Ridematching services](#).
- Save time and money using HOV and [Express Lanes](#).

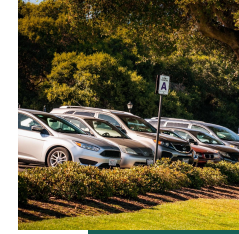
**Connect +
Share
expenses**



TRANSIT

- **Free Stanford-issued transit passes** for eligible commuters (i.e., Caltrain, VTA, AC Transit, [SamTrans](#)).
- [All Aboard Bay Area](#) provides the latest information.

**Healthy steps +
Save with free
transit**



DRIVE

- [Hourly, daily, and monthly parking](#) options are available.
- Most commuter and visitor spaces are enforced between 6 a.m. and 4 p.m. on weekdays or as posted.
- **'A' and 'C'** permits are valid at the Stanford and Redwood City campuses.

**Healthy steps +
Save with 'C'
permits**

Ways to Get Around Campus and the Area

Marguerite Shuttle Service

Marguerite is free and open to the public

All buses are wheelchair accessible and have bike racks

View schedules and routes [here](#)

Did you know? A whopping 351k miles were driven by electric Marguerite shuttles out of a total of 405k miles in 2022.



Walking

Get exercise as you walk to meetings around Stanford's beautiful campus. Use this [handy resource](#) to see how long it will take to get to your next destination.



Zipcar and Hertz

Need a car for a few hours?

[Zipcar](#) offers low rates which include gas, insurance, and are accessible 24/7. Stanford has the largest Zipcar fleet in the nation with over 70 vehicles.

Need a car for a day or more?

Rent from the on campus [Hertz](#) branch.



Emergency Ride Home

Concerned you won't have a car if an emergency occurs? We have you covered with the [Emergency Ride Home \(ERH\) program](#).



Key Takeaways

Stanford continues to invest in sustainable transportation programs and the following Stanford Transportation programs are available:

- Free Marguerite shuttle service
- Vanpool subsidies
- Free transit passes
- Pre-tax transit
- [Emergency Ride Home Program](#)

Reducing peak-hour and drive-alone trips is a priority:

- To help support Stanford's mission
- To combat climate change

Parking permits are required

- If parking more than two days a week, a monthly 'C' permit offers a savings over daily permits even for hybrid schedules.
- Discounts are built into monthly permit rates.
- We are working on improvements to the parking permit system.



Need Help Planning Your Commute?

If you require further assistance in planning your commute, schedule a [One-on-One Commute Consultation](#) with a member of our team, or request a [written commute plan](#).

transportation@stanford.edu
650.723.9362

