



Commute Toolkit

Stanford Transportation
January 2024

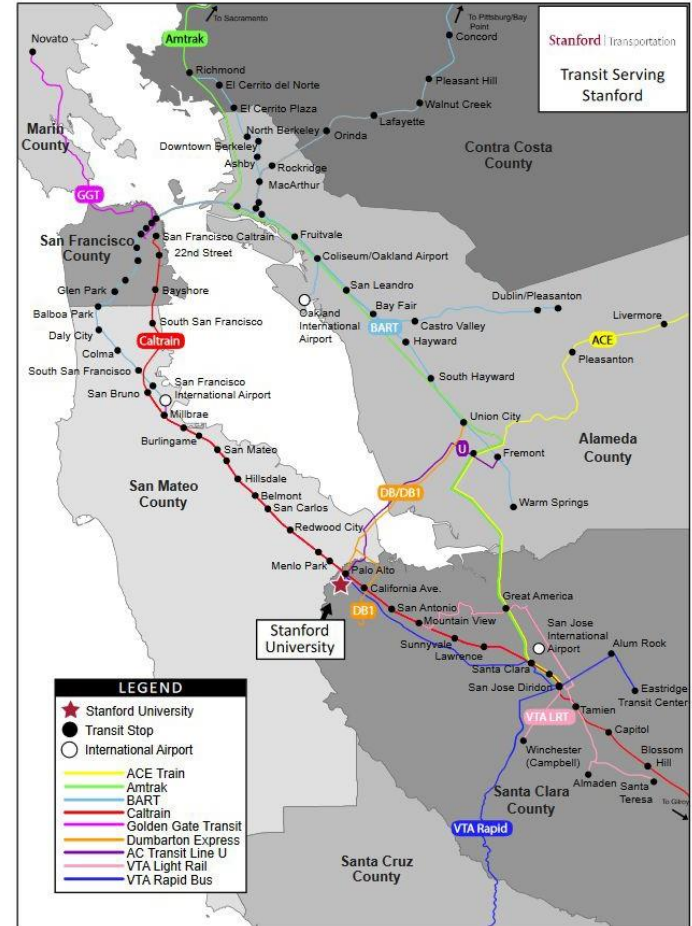
Why Commute Sustainably?

- Save money on car expenses, gas, parking, and tolls to make your commute more affordable.
- Reduce your impact on the environment with an eco-friendly commute.
- Benefit from a healthier, less stressful commute while enjoying exercise and fresh air.
- Support Stanford's sustainability mission.



Transit Serving Stanford

- ACE Train
- AC Transit
- Amtrak
- BART
- Caltrain
- Muni
- SamTrans
- Transbay Buses
- › Dumbarton Express
- › Line U
- › Marguerite AE-F
- VTA
- › Buses, Light Rail, Rapid Bus



Free Transit Passes & Clipper Card

- Free transit passes for eligible commuters:
 - › [Caltrain Go Pass](#)
 - › [VTA SmartPass](#)
 - › [AC Transit EasyPass](#)
 - › Monthly SamTrans passes can be [requested](#) by SRWC commuters.
- Transit passes are loaded on a [Clipper Card](#) provided by Stanford Transportation.
- Use our [Transit Pass Eligibility and Status Checker](#) to check your pass status.
- New employees and other eligible commuters can request transit passes through our [online form](#).
- There are no restrictions on your use for these passes. Use it to travel to a Giants game, the airport, and more.



Vanpools



Current Stanford Vanpools

- Existing vanpools currently run service to campus from North Bay/San Francisco, South Bay, East Bay, Santa Cruz, and Central Valley.
- Find a vanpool closest to you [here](#).



Benefits for Riders and Drivers

- Receive a fully subsidized Commute with Enterprise vehicle (if eligible), which includes free insurance and maintenance on the vehicle.
- Enjoy reduced or free bridge tolls and speed up your commute with FasTrak.
- Reduce wear and tear on personal vehicles.
- Reduce personal auto insurance premiums based on reduced miles driven each year.



Free Ridematching Services

- [Stanford's free Carpool/Vanpool Listings](#) (Stanford affiliates only)
- [Public ridematching services](#)

Bicycle Program



STANFORD BICYCLE PROGRAM

FIVE E'S

EDUCATION

New Student [Bike Skills Classes](#), [Bike Safety Webinars](#), [Fix-a-Flat & Bike Safety Checks](#). Debut of our new Stars Class—[How to Ride in a Roundabout!](#)



ENCOURAGEMENT

Our [Petite Marguerite](#), a new all-in-one display bike. Named after the historic horse and cart—Stanford's first transportation mode, circa 1890's.



ENGINEERING

New [Separated Bike Lanes Pilot](#) on Santa Teresa to minimize conflicts with all users. New mini-bike circles on Jane Stanford Way to keep traffic flowing.



EVALUATION

[Pedaling Forward](#) report highlights the university's ongoing sustainability efforts related to bicycle transportation, partnerships, and features new bike-related infrastructure projects.



EQUITY

Community support for East Palo Alto's [Live in Peace Bike Shop](#), which trains youth at risk to be certified bike mechanics.



- [Bike cages for daily use](#) are available at Stanford and Redwood City Campuses.
- Visit [Stanford's 12 bike repair stands](#) on campus, and the [Campus Bike Shop](#).

- **Education:** [Bike Skills Classes, Webinars](#)
- **Encouragement:** [Petite Marguerite](#)
- **Engineering:** [Separated Bike Lanes Pilot](#)
- **Evaluation:** [Pedaling Forward](#)
- **Equity:** [Live in Peace Bike Shop](#)

Pre-Tax Payroll Deduction

- [Save up to 40% on transportation expenses through tax savings](#)
- Use [Edenred](#) to purchase transit passes, Clipper cash, transit station parking, and commuter checks using pre-tax dollars:
 - › **Up to \$315** per month in transit. Includes BART, Muni, ACE, SamTrans, and Clipper Cash.
 - › **Up to \$315** per month in parking. Includes Caltrain and BART parking.
- Campus parking permits can be purchased through the [Online Ordering Portal](#) with pretax dollars.



Parking at Stanford

‘A’

PARKING PERMIT

Higher Cost, More Convenient

- Can park in any ‘A’ or ‘C’ spot
- More likely to find parking throughout the day
- Closer to buildings

*\$19/day
*\$133/month



‘C’

PARKING PERMIT

Lower Cost, More Distant

- Can only park in ‘C’ spots
- Unlikely to find close parking throughout the day
- Farther from buildings
- Only option at the Stanford Redwood City campus (select ‘C’-SRWC)

*\$6/day
*\$38/month

Here is the [link to our Permit Picker](#). We also show the [cost of permits by days commuting](#).

*Pricing reflects university affiliate status only. Stanford Medical employees, please refer to [Stanford Medicine Transportation](#).

How Much Will You Save by Commuting Sustainably?



Stanford's land is incredibly valuable and best used for teaching, research, and patient care. Building parking is costly. According to a [California parking database](#), building garages and underground parking costs \$50,000 to \$80,000 per parking space, and 31% of those spaces, on average, go unused.

The cost of driving alone is generally higher than the cost of a permit. Vehicle expenses include gas, insurance, maintenance, and bridge tolls. Calculate your costs: [Commute Cost & Carbon Emissions Calculator](#)

Example: East Bay commute

- **30 miles** roundtrip
- **\$357 per month** in gas and toll expenses
- **\$38 per month** for a Stanford 'C' parking permit
- **\$520 per month** in *hidden commute costs

Potential savings of adopting a car-free commute: \$915

Example: South Bay commute

- **60 miles** roundtrip
- **\$420 per month** in gas and toll expenses
- **\$38 per month** for a Stanford 'C' parking permit
- **\$711** in *hidden commute costs

Potential savings of adopting a car-free commute: \$1,169

**Hidden commute costs = routine maintenance and repair, insurance licensing, registration, taxes, and depreciation. Source: AAA's "[Your Driving Costs August 2021](#)"*

What's Your Sustainable Commute?



"My wife and I transport our young children via cargo bike. We get exercise, fresh air, family time, and save so much money."

Arnout Boelens,
Physical Science Research Scientist

"I walk, take Caltrain, and the Marguerite shuttle. Not owning a car is great for the environment, and I feel free without the financial burden."

Jennifer R. Cohen, Ph.D.
Director of Equity & Inclusion



"I like Stanford's transportation options programs because I can be multimodal. Along with riding Caltrain and the Marguerite, some days, I also choose to bike, inline skate, or skateboard."

Donnovan Somera Yisrael,
Senior Health Educator

"Our Half Moon Bay vanpool lease is fully subsidized by Stanford; we only share the cost of gas. I'm always bragging about my fantastic vanpool."

Stephanie Ashe,
Director of Communications



"Since I live in Lathrop (San Joaquin Valley), driving alone isn't sustainable for me. If it weren't for the subsidized vanpool program, I'd have to leave Stanford."

Art Chacon,
University Maintenance

"I walk, ride Caltrain, and the Marguerite shuttle from San Francisco to SRWC. I love not worrying about traffic and parking."

Brian Shaw,
Director of Stanford Transportation



Which Commute Will You Choose?



Bike

- **Safety first!** Follow these [bike safety tips](#) for a safer commute.
- Brush up on bike safety skills by watching [bike webinars online](#).
- Request bike commute planning assistance.



Carpool & Vanpool

- 100% lease subsidy for [vanpools](#).
- Carpoolers can share the commute expenses.
- See available [ride matching services](#).
- Save time and money using [HOV and Express Lane](#).



Transit

- Free Stanford-Issued [transit passes](#) for eligible commuters (i.e., Caltrain, VTA, AC Transit, [SamTrans](#)).
- [All Aboard Bay Area](#) provides the latest information.



Drive

- [Hourly, daily, and monthly](#) parking options are available.
- 'A' and 'C' permits are valid at the Stanford and Redwood City campuses.

Ways to Get Around Campus



Marguerite Shuttle Service

- Marguerite is free and open to the public.
- All buses are wheelchair accessible and have bike racks.
- View schedule and routes [here](#).



Walking

- Get exercise as you walk to meetings around Stanford's beautiful campus.
- Use this [handy resource](#) to see how long it will take to get to your next destination.



Zipcar and Hertz

- **Need a car for a few hours?** [Zipcar](#) offers low rates which include gas, insurance and are accessible 24/7. Stanford has the largest Zipcar fleet in the nation with over 70 vehicles.
- **Need a car for a day or more?** Rent from the on campus [Hertz](#) branch.



Emergency Ride Home

- Concerned you won't have a car if an emergency occurs? We have you covered with the [Emergency Ride Home \(ERH\) program](#).

Key Takeaways

Stanford continues to invest in sustainable transportation programs and the following Stanford Transportation programs are available:

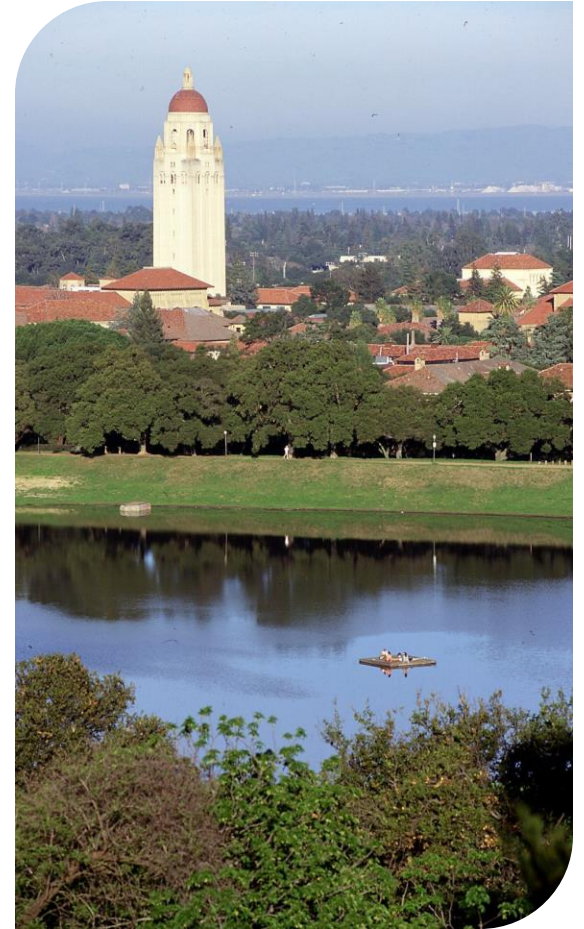
- Free Marguerite shuttle service
- Vanpool subsidies
- Free transit passes
- Pre-tax transit
- [Emergency Ride Home Program](#)

Reducing peak-hour and drive-alone trips is a priority:

- To help support Stanford's mission
- To combat climate change

Parking permits are required

- If parking more than two days a week, a monthly 'C' permit offers a savings over daily permits even for hybrid schedules.
- Discounts are built into monthly permit rates.
- We are working on improvements to the parking permit system.



Need Help Planning Your Commute?

If you require further assistance in planning your commute, schedule a [One-on-One Commute Consultation](#) with a member of our team, or request a [written commute plan](#).



General questions: contact us by email transportation@stanford.edu or call us at 650.723.9362.