

SAN FRANCISCO COMMUTE TO STANFORD REDWOOD CITY

San Francisco and Millbrae Caltrain Stations | Estimated travel time: 50 to 90 minutes | Estimated annual cost savings: \$1,690*



From the San Francisco (4th & King) Caltrain Station:

- Start by driving, biking, walking, or taking the MUNI to the San Francisco Caltrain station.
- Board the correct southbound Caltrain (headed toward San Jose).
- Arrive at the Redwood City Caltrain Station.
- Board either the Commute.org Redwood City-Midpoint Caltrain shuttle (peak hours) or Marguerite shuttle (mid-day starting in 2019).
- Arrive at the Stanford Redwood City campus.
- For the return trip, start by walking to the shuttle stop at Broadway & Douglas Avenue.
- Board either the Redwood City-Midpoint Caltrain shuttle (peak hours) or Marguerite shuttle (mid-day).
- Arrive at the Redwood City Caltrain Station.
- Board the correct northbound Caltrain (headed toward San Francisco).
- Arrive at the San Francisco Caltrain Station.

From the Millbrae Caltrain Station:

- Start by driving, biking, walking, or taking BART to the Millbrae Caltrain station.
- Board the correct southbound Caltrain (headed toward San Jose).
- Arrive at the Redwood City Caltrain Station.
- Board either the Commute.org Redwood City-Midpoint Caltrain shuttle (peak hours) or Marguerite shuttle (mid-day starting in 2019).
- Arrive at the Stanford Redwood City campus.
- For the return trip, start by walking to the shuttle stop at Broadway & Douglas Avenue.
- Board either the Redwood City-Midpoint Caltrain shuttle (peak hours) or Marguerite shuttle (mid-day).
- Arrive at the Redwood City Caltrain Station.
- Board the correct northbound Caltrain (headed toward San Francisco).
- Arrive at the San Francisco Caltrain station.



This is a sample commute plan for the San Francisco 4th and King) and Millbrae Caltrain stations. If another station is more convenient for you, please feel free to request a custom commute plan at transportation.stanford.edu/commuteplanning.

*vs. driving alone

Links to full schedules:

Caltrain:

caltrain.com/schedules/weekdaytimetable
caltrain.com/schedules/weekendtimetable

Redwood City-Midpoint Caltrain Shuttle:

commute.org/shuttle-info/rider-alerts/redwood-city-midpoint-caltrain

BART:

bart.gov/schedules

MUNI:

sfmta.com/getting-around/muni/routes-stops

Fare information:

Caltrain: FREE with a current Go Pass Clipper Card

Redwood City-Midpoint Caltrain Shuttle:
FREE to the public

BART

bart.gov/tickets/calculator

MUNI

sfmta.com/getting-around/muni/fares

Caltrain Fares Without a Go Pass:

caltrain.com/Fares

Go Pass Eligibility:

pmlplus.stanford.edu/pats/transportation/gopass-status

BART & Caltrain parking:

At most Caltrain stations, parking is \$5.50 per day or \$82.50 per month.

Daily and monthly parking is also available at the Millbrae BART station

bart.gov/guide/parking

Monthly BART and Caltrain parking permits may be purchased through Edenred using pre-tax payroll deduction (eligible employees only)

transportation.stanford.edu/edenred

Park and Ride Lots:

rideshare.511.org/carpool/carpool-map.aspx

Tip: Caltrain parking often fills up quickly in the morning, so consider arriving early, carpooling, biking, or walking to the station if possible.

Additional Options and Resources

CARPOOL/VANPOOL

transportation.stanford.edu/rideshare

Sharing the ride could be a good alternative to transit. By using Stanford's ridematching services, you can be matched with Stanford commuters who live and work near you. Scoop, a casual carpooling public network app, offers special pricing for eligible Stanford commuters. Use Scoop's flexible app once a week or every day at the times that work for you. For a Stanford-only option, you can go to our Carpool Vanpool Listings page to see ride postings or post your own commute.

ACCESS TO VEHICLES WHEN YOU NEED THEM

Zipcar: transportation.stanford.edu/zipcar

Stanford affiliates enjoy discounted rates for car share and car rental services.

FREE AND DISCOUNTED TRANSPORTATION PROGRAMS

transportation.stanford.edu/discounts

Learn more about Stanford's free and discounted transportation programs, including eligibility.

BICYCLE PROGRAM

transportation.stanford.edu/bike

Find bike routes, bike safety information, and more.

FREE EMERGENCY RIDE HOME

transportation.stanford.edu/erh

In the event of an eligible emergency on a day you use sustainable transportation, we can help you get home.

FREE COMMUTE PLANNING

commuteplan.stanford.edu

Interested in sustainable transportation but not sure how to start? Plan your own trip or request a commute plan.

