

# Bike Routes between Stanford Redwood City Campus and the Main Campus

- ★ 505 Broadway
- Stanford Redwood City Campus
- Serra Mall
- Stanford Main Campus
- Option A (via Bay Road): 38 minutes
- Option B (via Middlefield Road): 34 minutes
- Option C (via Selby Lane, Austin Avenue, and Elena Avenue): 37 minutes
- Highways
- Caltrain

These routes were created using Google maps, test rides, and feedback from riders. Please select a route that fits your cycling expertise and preferences. Factors to consider include comfort [riding in traffic](#), ability to navigate urban areas, [construction impacts](#), weather, visibility, and bicycle infrastructure.

These sample bike routes are provided as a courtesy. Choosing to bike and the routes selected are personal choices and at the rider's own risk. [Please always bike safely](#). Follow the rules of the road and wear a helmet for every ride.

### Option A (in green)

- Generally, the route via Bay Road has less traffic and fewer stops along the way than other routes. (Thank you to our bike commuting colleagues from Stanford Recreation and Wellness for sharing this "favorite route" via app.)
- Option A is flat and most of the route generally has minimal traffic.
- Anticipate traffic on Marsh Road, use extra caution at intersection crossing Marsh Road and [ride safely](#).

### Option B (in gold)

- On the route via Middlefield Road, you will travel calmer streets and portions of the Menlo Park bikeway.

### Option C (in blue)

- This route generally has less traffic.
- When crossing El Camino Real northbound, anticipate traffic and the need to navigate multiple turns and intersections.

### Additional information:

Share your feedback or favorite campus-to-campus route by email: [bike-information@stanford.edu](mailto:bike-information@stanford.edu). Report a Road Hazard via [app](#) or [email](#).

