

SAN FRANCISCO COMMUTE TO STANFORD

(San Francisco and Millbrae Caltrain Stations)

From the San Francisco (4th & King) Caltrain Station:

- Arrive at the Caltrain San Francisco Station.
- Board the correct southbound Caltrain to arrive at the Caltrain Palo Alto Station.
- Transfer to the correct Marguerite line.
- Arrive at the Stanford Oval (Line P) or Stanford Medical Center (Line MC, X or Y) or the east side of campus (Line Y).
- For the return trip, start by walking or biking to the Marguerite stop at the Stanford Oval or at the Stanford Medical Center and board the correct Marguerite line.
- Arrive at the Palo Alto Transit Center.
- Transfer to the correct northbound Caltrain.
- Arrive at the Caltrain San Francisco Station.

From the Millbrae Caltrain Station:

- Start by biking, driving or taking BART to the Caltrain Millbrae Station.
- Board the correct southbound Caltrain to arrive at the Caltrain Palo Alto Station.
- Transfer to the correct Marguerite line.
- Arrive at the Stanford Oval (Line P), Stanford Medical Center (Line MC, X or Y) or the east side of campus (Line Y).
- For the return trip, start by walking or biking to the Marguerite stop at the Stanford Oval or at the Stanford Medical Center and board the correct Marguerite line.
- Arrive at the Palo Alto Transit Center.
- Transfer to the correct northbound Caltrain.
- Arrive at the Caltrain Millbrae Station.



This is a sample commute plan for the San Francisco and Millbrae Caltrain stations. If another station is more convenient for you, please feel free to request a custom commute plan at transportation.stanford.edu/commuteplanning.

Links to full schedules:

BART:

bart.gov

Caltrain:

caltrain.com/schedules/weekdaytimetable

caltrain.com/schedules/weekendtimetable

Stanford Marguerite Shuttle:

transportation.stanford.edu/marguerite/mc

transportation.stanford.edu/marguerite/p

transportation.stanford.edu/marguerite/x

transportation.stanford.edu/marguerite/y

Fare information:

Caltrain: FREE with a current Go Pass and valid Stanford ID or Hospital badge.

Caltrain Fares Without a Go Pass:

caltrain.com/Fares

Go/Eco Pass Eligibility:

pmpplus.stanford.edu/pats/transportation/gopass-status

BART:

bart.gov/tickets/calculator/index.aspx

Parking:

At most Caltrain stations, parking is \$5.50 per day or \$55.00 per month.

Eligible commuters can purchase monthly Caltrain parking permits through P&T&S. Eligible employees may use pre-tax payroll deduction to save.

BART:

bart.gov/guide/parking

Park and Ride Lots:

rideshare.511.org/carpool/carpool-map.aspx

Tip: Caltrain parking often fills up quickly in the morning, so consider arriving early, biking or walking to the station if possible.

Additional Options and Resources

MARGUERITE SHUTTLE

marguerite.stanford.edu

Utilize our FREE Marguerite shuttle to reach destinations on or off campus.

CARPPOOL | VANPOOL

transportation.stanford.edu/rideshare

Sharing the ride could be a good alternative to transit. Find Stanford commuters who live and work near you and who might be ideal carpool or vanpool partners for you.

ACCESS TO VEHICLES WHEN YOU NEED THEM

Zipcar: transportation.stanford.edu/zipcar

Enterprise Rent-A-Car: transportation.stanford.edu/enterprise

Stanford affiliates enjoy discounted rates for car share and car rental services on campus.

FREE AND DISCOUNTED TRANSPORTATION

transportation.stanford.edu/discounts

Learn more about Stanford's free and discounted transportation programs, including eligibility.

BICYCLE PROGRAM

transportation.stanford.edu/bike

Find bike routes, bike safety information, and more.

FREE EMERGENCY RIDE HOME

transportation.stanford.edu/erh

In the event of an unforeseen emergency on a day you use sustainable transportation, we can help you get home.

FREE COMMUTE PLANNING

commuteplan.stanford.edu

Plan your own trip or request a custom commute plan.

